

TUCKSHOP MENU

TERM 3 2021

ORDER ONLINE using QKR by 8:50am
OPEN 1ST BREAK FOR ALL MEAL DELIVERIES
+ COUNTER SERVICE
TUCKSHOP CLOSES 11.30am
ONLINE ICE BLOCK ORDERS FOR PREP ONLY
PHONE: 55624109

DAILY MEAL

MONDAY	Chicken Burger-Lettuce cheese + mayonnaise	\$5.90
TUESDAY	Pasta Napoli with Cheese HM V	\$5.00
WEDNESDAY	Sushi Bowl-Karaage Chicken or tuna	\$5.90
THURSDAY	Beef Burger lettuce cheese tomato + sauce	\$5.90
FRIDAY	Pie'n'Popper-Traveller pie + popper	\$5.90

HEALTHY SNACKS

Cheese + Rice Crackers GF V	\$2.00
Boiled Egg GF V	\$1.50
Yoghurt Tub GF V	\$2.00
Seasonal Fruit GF V	\$2.00
Plain Popcorn GF V	50c
Carrot Sticks GF V	70c

HOMEMADE

Chocolate Coconut Brownie HM	\$2.00
Fruit Muffin HM	\$2.50

SALADS

Garden Salad GF V	\$4.90
Garden Salad + Chicken GF	\$5.90

DRINKS

Plain Milk 150ml	\$1.50
Flavoured Milk	\$2.50
Still Water 600ml	\$2.00
Juicee Popper™ 250ml	\$2.00

ICE BLOCKS

Frozen Frutie	\$1.00
Quelch	\$1.00
Paddle Pop	\$2.00
Icy Twist	\$2.00

ICE BLOCKS: online ice block orders for Prep classes only.

Prices + items are subject to change without notice.

ALLERGEN ADVICE: All care is taken in food preparation.

Foods produced may contain traces of peanuts, tree nuts, milk, egg, fish, shellfish, soy, gluten, sesame seeds, lupins, and sulphites. All food served at 1st break. If ordering for 2nd break, we recommend that cold food is kept cool in an insulated lunch box or placed in the fridge. Each grade has access to refrigeration.

Please email enquiries:

tuckshop@robinasspandc.com.au

All menu items comply with the Healthy Choices Guideline. Prices subject to change with out notice.

GF= Gluten Free V = Vegetarian HM = Home made

HOT FOOD

Spaghetti Bolognaise HM	\$5.50
Fried Rice HM V	\$5.00
Macaroni and cheese pasta HM V	\$5.00
Hot Dog + Tomato Sauce	\$3.50
Garlic Bread HM V	\$2.50
Cheese Pizza HM V	\$2.50
3 x Nuggets + veg	\$3.00
Sausage Roll	\$4.00
Mini Meat Pie	\$2.50

SAUCES

Tomato, BBQ or Mayonnaise	30c each
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COLD FOOD

SANDWICHES

Vegemite V	\$2.50
Cheese V	\$3.00
Ham	\$3.50
Chicken	\$4.00
Chicken + Avocado	\$4.40
Ham + Cheese Toastie	\$4.50

WRAPS HALF \$4.50 FULL \$6.50

Ham Cheese + Tomato	
Chicken Cheese + Lettuce	
Salad + Cheese V	

EXTRAS

Add Salad	\$1.50
Avocado	\$1.00
GF Bread	\$1.00
Toasted	50c

eMenu
smart food choices



CELEBRATING YOUR BIRTHDAY? Order online today!

BIRTHDAY MINI MUFFINS

Chocolate coconut – details online \$19.00

ICE-BLOCK BONANZA

For you and your class – 1 per person \$15.00



Individual menu item details are on QKR.

Download the **QKR App**

Select Robina Primary School

Set up your profile & **Order!**

